



Lesson Plan  
The Arts | Week 3

## Picture My Interests (Middle Grades)

### Goal

Students will find words or pictures that represents their abilities or interests.

### Materials

- Large butcher block paper
- Scissors
- Glue
- Pencils
- Crayons and/or Markers
- Pictures from Magazines and/or Newspapers

### Activities

Students form two-person teams. One student lays on a sheet of butcher block paper and the second student traces around his/her body. Students cut out their silhouettes and place their name on the back. Silhouettes are then filled-in with words and pictures that represent their interests and abilities.

Silhouettes are then hung in the classroom (or hallway) and students (or students from other classes/teachers/parents) are asked to identify the silhouettes by the words and pictures portrayed on each.